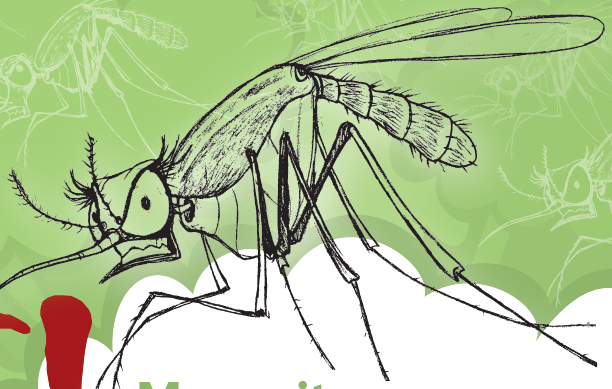
Fight the BITE!



Mosquitoes are annoying.

They can also cause serious health problems. These tiny insects spread diseases like West Nile Virus to humans and heartworms to our pets.

The best way to avoid bites from these little suckers is to follow the three Ds:

DRAIN

– eliminate all standing water; mosquitoes breed there. Pots, gutters, tires, tarps, wagons, wheelbarrows – anything that holds water. Change the water in wading pools, pet dishes and bird baths several times a week, and use mosquito dunks or mosquito-eating fish in ponds.

DEET

- use insect repellents that contain DEET. Follow product label directions. Avoid over-application.

DRESS

- cover your skin with clothing when outdoors, especially at dawn and dusk hours.

Sedgwick County... working for you

Sedgwick County Health Department

www.sedgwickcounty.org

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