

District 2 CAB                                                                                                               Haysville Community Library

March 08, 2022                                                                                                     Meeting Minutes

**Board Members in Attendance:** Martha Pint, Dr. John Burke, Dr. William Hammers, Nikki Helms, Spencer Dean, Jenny Duong, Tabitha Lehman, Susan Norton, Ashlie Brockleman

1. **Call to Order:**
   1. Nikki Helms called the meeting to order at 6:01 pm
2. **Roll Call Vote:**
   1. No roll call vote
3. **Approval of Minutes:**
   1. John Burke moved to approve the January meeting minutes with an amendment to correct the spelling of his name. Susan Norton seconded the motion. The motion carried unanimously.
4. **Public Agenda:**
   1. No public comment
5. **New Business:**
   1. **Annie Burke**
      1. She spoke about her struggles with receiving mental health care
      2. Sedgwick County did not provide good care
         1. She received better care in Jail in Arizona
      3. Without family support and family resources she would not have received treatment that she needed
         1. Without those resources she was not sure if she would be here tonight
         2. She would have had to gone into crisis to receive care
      4. The cost of the medications is very high
         1. Her family advocating for her has been very helpful
   2. **COMCARE Services—Presented by Shantel Westbrook**
      1. Director for Clinical and Case Management Services
      2. She will talk about services and answer any questions
      3. Children Services—age 3 to 21
         1. Serve all kinds of issues
         2. Long-term mental illness
         3. Anxiety/depression, etc.
         4. 600 to 800 kids in case management
      4. Worked in Crisis
         1. Deals with kids/adults
         2. Very severe problems
         3. Walk-in services/phone services
         4. Screens for hospital admissions
         5. A lot of the services depend on staffing
      5. Other services
         1. Medication services
         2. Crisis care
         3. “wrap-around care”
      6. Mental health is a huge deal
         1. The severity level today is higher than 5 to 10 years ago
         2. There is extreme need
         3. However, there is also more awareness and less stigma
      7. John Burke asked what the Kansas Legislature can do to help
         1. The main issue is workforce
         2. Topeka can provide more assistance/guidance to help ensure appropriate staffing levels
         3. We are looking at tuition reimbursement/loan forgiveness, etc.
      8. Discussion of Adverse Childhood Experiences (ACE)
         1. A shocking number of kids have experienced a traumatic incident
         2. This leads to long-term effects
      9. Helms asked about mental health services at the Jail
         1. COMCARE doesn’t provide services for detained people
         2. Assistance can be scheduled—but, it cannot provided to someone who is in custody
         3. COMCARE is strictly outpatient
            1. Cannot provide service to anyone in detention/hospital
      10. Pint asked about COMCARE calling 911
          1. There are lots of people being evaluated in crisis
          2. They call police when necessary, but they are not actively looking for criminal activity
          3. Westbrook doesn’t feel that they are overusing the police
      11. Pint asked about staffing levels
          1. COMCARE is understaffed by hundreds
          2. Staff is needed at every level
          3. We’ve lost a lot of staff recently
          4. We are making changes
             1. Sign-on bonuses, etc.
             2. Salaries have been raised to be competitive
6. **Other**
   1. John Burke will be moving out of the District and will leave the CAB
7. **Adjournment**
   1. The meeting was adjourned at 7:28 p.m.